

Unionville High School Weekly Parent/Guardian **Bulletin**

March 28, 2025 201 Town Centre Blvd. Markham, ON 905-479-2787 Reception 431/Attendance 230/Guidance 458

Email: <u>unionville.hs@yrdsb.ca</u>

UHS Website: <u>Unionville High School</u>

Principal Susie Nunes Vice-Principal (R - Z) Joanne Tang

Vice-Principal (A - I) Catherine Clarke

Vice-Principal (J - Q) George Voumvakis

Superintendent Kien Nam Luu

Trustee Ron Lynn

TECH REQUEST FORM – 2024-2025

CLUBS

GUIDANCE UPDATES

Character Matters Trait of the Month: Honesty

Honesty is more than not lying. It is truth telling, truth speaking, truth living, and truth loving."
— James E Faust



DATE	EVENT
April 1-2	OSSLT in the Library P1
April 2	Euclid (Grade 12) Math Contest (P1 &P2)
April 3	Fryer/Galois/Hypatia (Gr 9-11) Math Contest (P1)
April 3	Parent Teacher Interviews 6:30pm - 8:30pm
April 10	Arts Unionville Recital in the Cafe 6:30pm

Online Safety

As we begin a new semester, it is a good time to review some online safety tips as a family. Please see the link for resources on "Staying Safe from Cyber Attacks", "Social Media Safety", "Building Healthy Screen Time Habits", "How to Spot Cyber Scams", "Recognizing Misinformation", "The Power of Privacy", and other topics.





Markham Public Library

During the next few months from March to June 2025, Markham Public Library is excited to announce a wide variety of new learning opportunities for children, teens and adult such as an intergenerational reading buddies program and much more. We truly look forward to have you/your family join us for our virtual and in-person_programs!

Dear Grad Students and Families:



We're excited to announce that Edge Imaging studio is now open for bookings if you have missed your opportunity to take your Graduation photos.

STUDIO INFORMATION:

Our Grad Studio will be open on March 29 & 30th for missed appointments or retakes. To book your appointment please visit this <u>link</u>:

Studio Location: Aurora Preparatory Academy (APA) 81 Industrial Parkway North, Aurora, ON L4G 4C4





NEST PROJECT

Feel free to check out this fantastic resource that allows you to speak with, or ask questions to current university students in a certain program or at a specific school about the university application process, university life, and more. You can access this resource at: https://nestproject.ca. Here's some more information if you're interested:

Who Are We?

The NEST Project is a non-profit organization dedicated to supporting high school students in navigating their educational journey and preparing for university. We connect high school students with knowledgeable university mentors who provide FREE personalized guidance on program selection, the university application process, and insights into university life.

Why Sign Up Now?

- Grade 12s: If you are seeking help on how to navigate the university application process or if you'd like to speak to a current university student in a particular pathway or at a certain school, you can benefit from The NEST Project. Whether you'd prefer just 1 meeting or consistent bi-weekly meetings, our mentors will do their best to accommodate your needs. All of our mentors are trained and can provide valuable insights and share their experiences to help you make informed decisions.
- Grade 11s: It's never too early to initiate contact with a mentor! This way, when applications start the following year (September 2025), you'll already be well-prepared for the application process.
- Grade 9s & 10s: By getting started early, you can receive guidance on course selection, extracurricular activities, and other steps you can take now to prepare for the university application process.

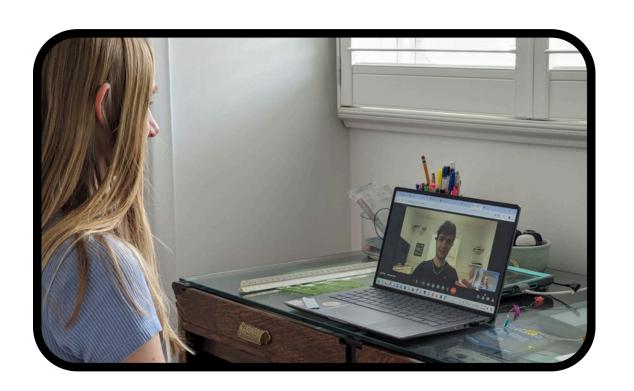
Steps To Sign Up:

- 1. Visit our website, https://nestproject.ca, and click "Match Me With A Mentor" on the homepage.
- 2. Select the field of interest and view the list of mentors in that field.
- 3. Select a mentor you want to meet with, view their bio, and select "Book a meeting with [mentor's name]".
- 4. Please answer the brief list of questions in the form, and then select "Let's Schedule My Meeting!".
- 5. You'll be redirected to the mentor's Calendly schedule, where you can select a meeting time.
- 6. You'll then be asked a couple more questions to help the mentor prepare specific support for you.
- 7. You'll receive a confirmation email that includes a meeting link for you to use at the time of your meeting.

You can join NEST for FREE today to start planning your future with confidence! There is also more information on our Instagram page, @nestproject.ca. Feel free to reach out to our email, nestproject.ca@gmail.com if you have any questions, comments, or concerns!

Feeling overwhelmed by university applications? Already applied, but stumped on final decisions? Have general questions about university life? Still have time, but want to plan ahead?





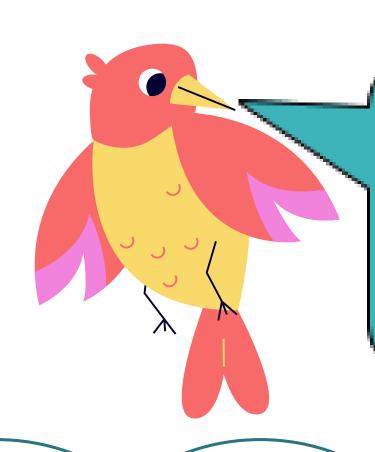


The NEST Project is here to help!

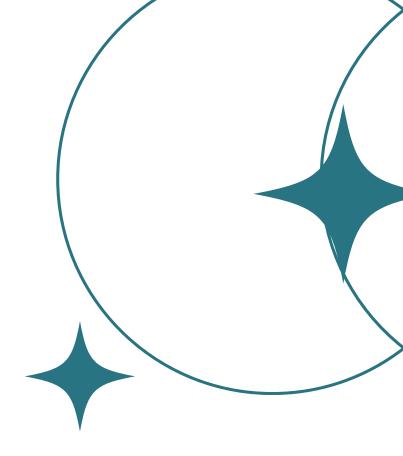


Visit our website to speak with a mentor for FREE!





We prepare students to take flight by offering...
 Completely FREE mentorship
 Tom
current university students
 They being
support
 you in program selection,
applications, and general inquiries



Contact: nestproject.ca@gmail.com



GUIDANCE



D

UNIVERSITY

- · Meet the NCAA
- · Strategies to Maximize Applications to Canadian, UK and US Universities
- Explore Undergraduate Programs and Career Pathways in Healthcare, Business, STEM, Law, Arts, Education and more!
- · Ivy League Education I Pre-College



Scan or Click Here to Learn More

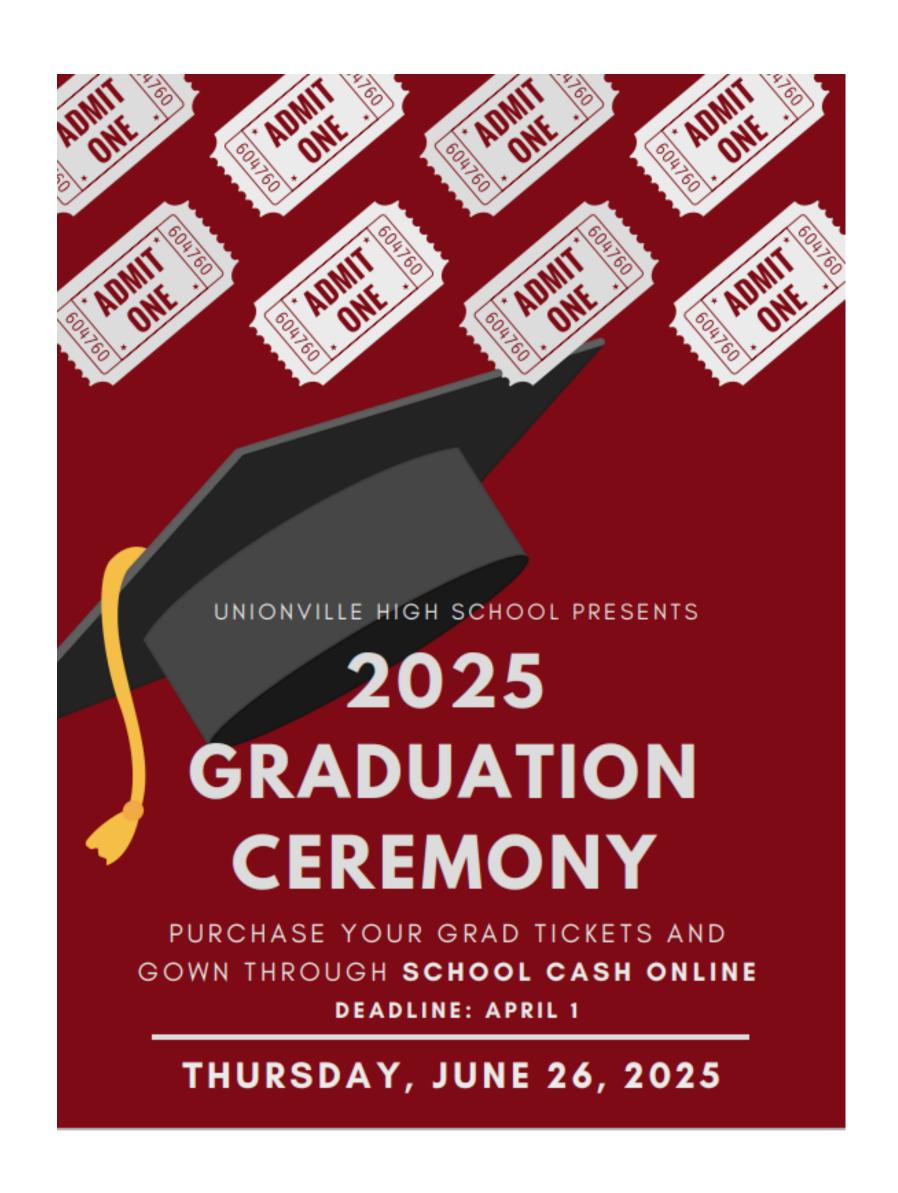
- 4-Day Virtual Series
- Apr 23 I 6pm-9pm ET US University Fair Mississauga, ON
- Apr 24 I 6pm-9pm ET US University Fair Whitby, ON

Register Now

Organized by: CollegeTrackr Canada









YRDSB Summer School 2025
Summer School Registration opens on
Tuesday April 15th 2025.

Summer school runs from July 2nd - July 25th
There are 2 Learning Formats Offered:

1) In Person Learning

Acceleration courses will be offered in a face-to-face learning model.

Locations: Bill Hogarth SS, Bur Oak SS, Keswick HS, Maple HS, Middlefield HS, Newmarket HS, Richmond Green SS, and Thornlea SS

Full Disclosure Date for Acceleration Courses: Monday, July 21

The school day will begin at 8:45 a.m. and end at 3:33 p.m. You can visit the following link for more information.

https://www2.yrdsb.ca/schools-programs/secondary-school/summer-learning-opportun

Sch

ies/2025-secondary-summer-school-person

2) Online Learning

Online Learning Courses are specifically designed to be taught in a fully online format (hours are flexible, however, students should be completing about 6 hours of work/day). Online learning relies on communication between pupils and teacher. Online learning does not require pupils and teachers to be face-to-face with each other. Classes occur online using an asynchronous model, with synchronous check-in opportunities with the teacher. The learning platform is Brightspace by D2L.

Students will Register on for their In Person OR Online Summer School Course On MyBlueprint/My Pathway Planner.

For more information, you can view the registration guide here:

https://www.yrdsb.ca/Programs/ConEd/Lists/Night%20School/Attachments/1/Course%20Select

ion%20Guide%20for%20Students%20%20(YRDSB)%20-%20January%202019.pdf





Support UHS - Krispy Kreme Fundraiser!

Hi UHS Community,

Let's come together to support our school! We're holding a **Krispy Kreme Doughnut fundraiser**, with all profits going toward school improvement projects such as outdoor tables, benches, and a much-needed projector screen for the gym.

To proceed, we need a **minimum of 50 orders**. Once we reach this goal, we will provide a distribution date for the doughnuts.

Price: \$15 per dozen

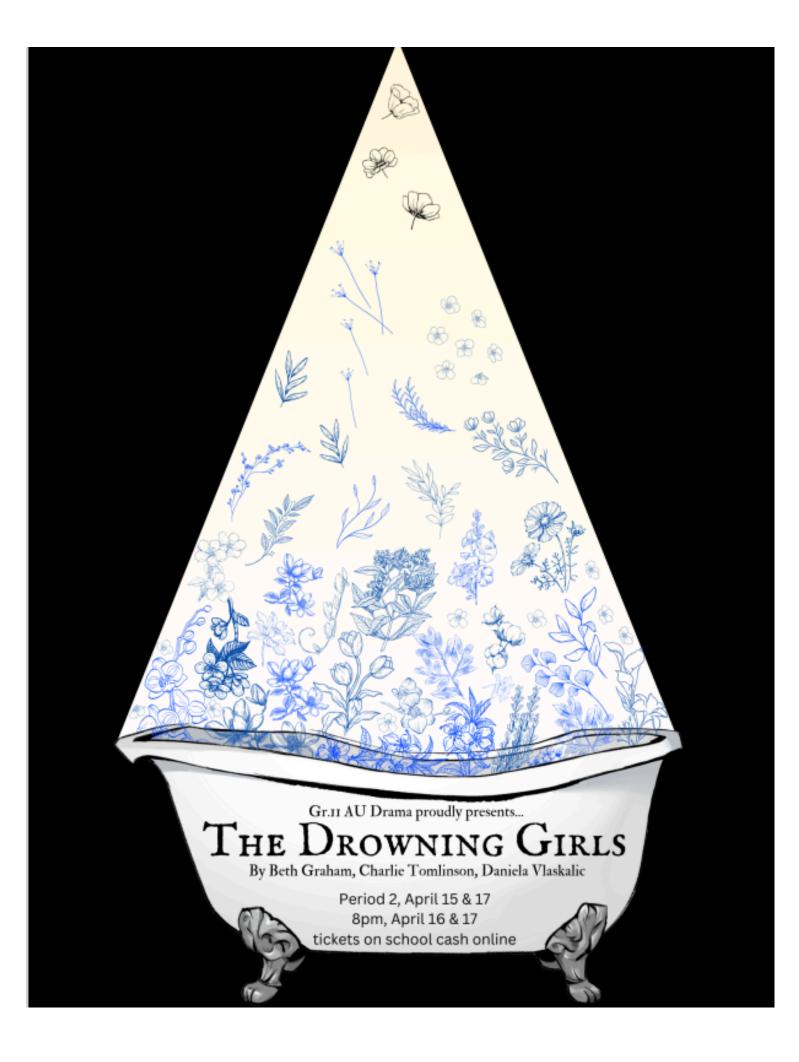
How to Order:

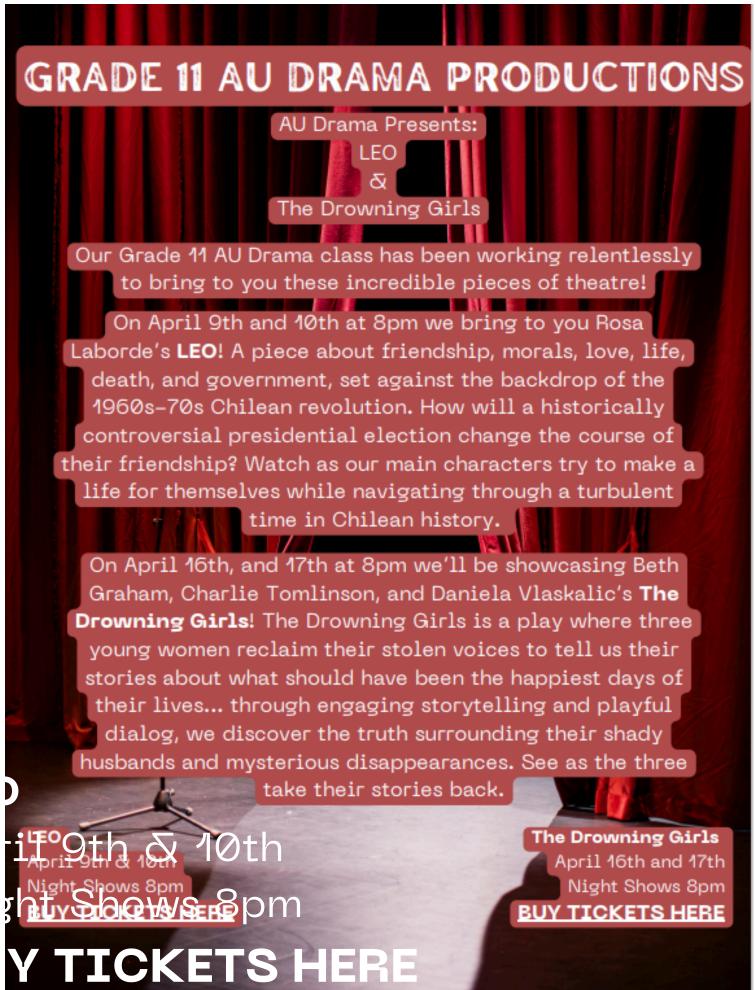
You can place your order through School Cash Online using the following link: Krispy Kreme Doughnuts Fundraising

Allergen Disclaimer:

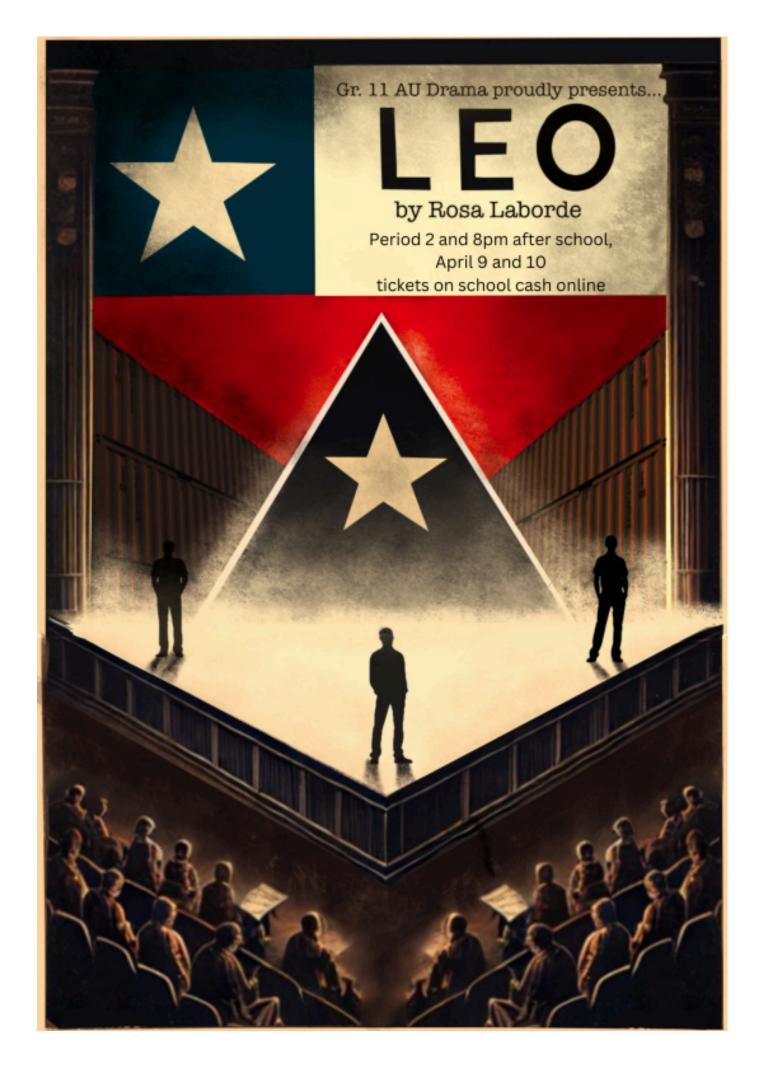
Please be aware that Krispy Kreme doughnuts may contain or come in contact with **peanuts, tree nuts, soy, milk, eggs, and wheat,** and may not be safe for those with allergies.

Thank you for your support!

















Screen Time and Mental Health Presentation

On Tuesday March 18th the York Region District School Board's Mental Health Team visited UHS to provide a valuable presentation about the *Effects of Screen Time on a Teenager's Mental Health.*

This presentation was given to a class of grade 9 students where the students engaged in meaningful discussion and reflection on the following topics:

- What is screen time and its impact on mental health?
- Healthy and unhealthy screen use
- Strategies to develop balanced digital habits
- Supportive resources

If you are interested in exploring this topic yourself and/or discussing it with your children at home, please feel free to view the following resources that were provided by our presenters:

Resource #1: <u>Teen Vogue Article on Social Media and the Brain</u>

<u>Social Media Isn't Just Addictive — It's Addictive By Design</u>

Experts explain the science behind social media's grip on our mental health.

www.teenvogue.com

Resource #2: Screen Time Reflection Questions

- 1. What do I want to get out of this time online?
- 2. How did I spend my time online?
- 3. Could my experience online have been better?
- 4. How am I feeling at the start, during, and at the end of my time online? What affected how I felt?
- 5. Do I feel better or worse after my time online?
- 6. Will this online activity enhance the rest of my day?
- 7. Are there other things that I should be doing?
- 8. While I was online, what went well and what didn't? What could I do differently next time I'm online?









Hi everyone,



Just wanted to bring your attention to some virtual workshops being held by York Hills for families/caregivers — Triple P Series, ADHD series, and some one off ones. Not sure if families at your school would be interested, but figured to forward these over in case. Just FYI, one of them is happening this Thursday Mar 6.

Please see below for the date, times, and links:

One off Workshops

Many Faces of Anxiety: May 7, 6:30pm to 8:30pm

(Many Faces of Anxiety Registration, Wed, 7 May 2025 at 6:30 PM | Eventbrite)

Triple P Workshops

Teen Triple P Seminar #1: April 24, 6:30pm to 8:30pm

(Teen Triple P Seminar #1 - Raising Responsible Teenagers Registration, Thu, 24 Apr 2025 at 6:30 PM | Eventbrite)

Teen Triple P Seminar #2: May 1, 6:30pm to 8:30pm

(Teen Triple P Seminar #2 - Raising Competent Teenagers Registration, Thu, 1 May 2025 at 6:30 PM | Eventbrite)

Teen Triple P Seminar #3: May 8, 6:30pm to 8:30pm

(Teen Triple P Seminar #3 - Getting Teenagers Connected Registration, Thu, 8 May 2025 at 6:30 PM | Eventbrite)

ADHD Workshops

Learning to Pay Attention: April 16, 6:30pm to 8pm

(Learning To Pay Attention Registration, Wed, 16 Apr 2025 at 6:30 PM | Eventbrite)

Exploring and Understanding the Inattentive Brain: May 14, 6:30pm to 8pm

(Exploring and Understanding the Inattentive Brain Registration, Wed, 14 May 2025 at 6:30 PM | Eventbrite



Dear Families,

We would like to remind you that the upcoming Parent-Teacher Interviews are scheduled for **Thursday, April 3rd at 6:30 PM.** These interviews provide an important opportunity to discuss your child's progress and address any questions or concerns you may have.

If you require a translator for the meeting, please inform the teachers in advance via email, phone call, or student request. This will ensure we can make the necessary arrangements to support you during the interview.

Please read the <u>linked document</u> for more details, including important information regarding the interview process and how to prepare for the meeting. Your involvement in your child's education is incredibly valuable, and we look forward to meeting with you.

Please Note: Parents/guardians may access appointment bookings on Thursday March 27th, 2025 through the TeachAssist Parent Portal.

Should you have any questions or need further assistance, feel free to contact us.

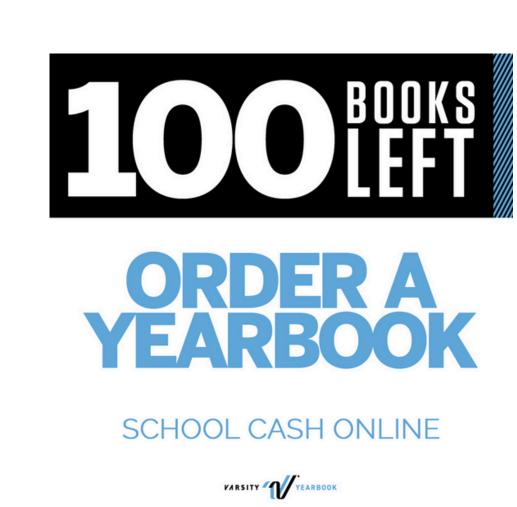


What's happening in the school



Yearbook 2025 -- Order Now!

Yearbooks are selling out fast and we ordered a limited quantity. There is so much that goes into the Unionville High School yearbook this year and every year. It's an important part of your journey. Each year you are in high school is a different experience. Your friends, your courses, your involvement in school life will change. These times will become treasured memories. Go to **School Cash Online** to order a copy today before they are all gone.





Turn Photography Strikes Gold at York Region Skills Competition!

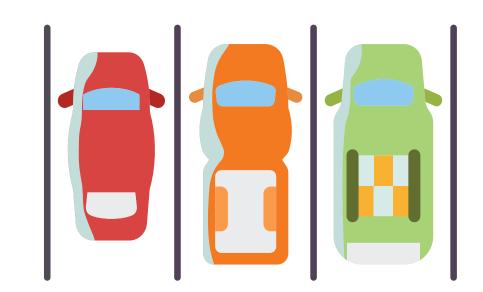
We are thrilled to celebrate the incredible achievement of **Nathon Wong**, who earned **gold** at this year's **York Region Skills Competition!** This outstanding performance has secured them an **automatic qualification** for the **Skills Ontario Competition**, taking place on **May 6th at the Toronto Congress Centre**, where they will proudly represent **UHS**.

A huge congratulations to our talented students for their dedication, teamwork, and innovation:

🦄 Nathan Wong









PARKING

Parents and guardians dropping off students in the Town Centre and Warden drop off zones are asked to follow the traffic signs and asked not idle in fire zones. Please follow all posted signs for traffic flow and refrain from parking in visitor parking without a parking pass. Parents/guardians are also asked to not idle in no parking zones during the day and to not park in municipal parking lots.

The City of Markham has noted an increase in vehicles using the Flato parking lot. Please be aware that cars parked both in the City of Markham and UHS areas without authorization are subject to parking tickets. All parents/guardians who are visitors to UHS must park in the Town Centre lot and obtain a parking pass from UHS' main office.

We appreciate your cooperation in keeping our parking areas organized, safe and accessible. If there are any questions, please reach out to the school directly.





GRADUATION FEE DUE APRIL 1st

The deadline for submitting the graduation fee has been extended to April 1, 2025!

The graduation ceremony for Grade 12 students will take place at 6:00 pm on Thursday, June 26, 2025, at Paramount Eventspace, 222 Rowntree Rd, Woodbridge. The graduation fee is required for all students attending the event and covers the following:

Souvenir cap and gown
Venue rental
Refreshments
Two guest tickets to the ceremony
Please note that the fee for the souvenir cap and gown is non-refundable.

When choosing a gown size, kindly consider the student's height, including the height of their shoes.

Thank you, and we look forward to celebrating this special occasion with you!

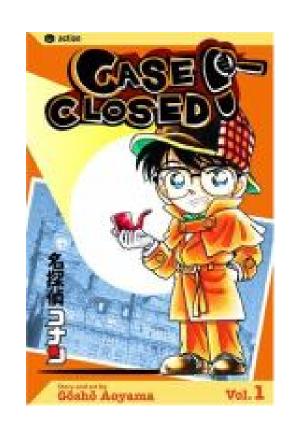






There are some new additions to the Library's manga and graphic novel collections. These titles and many more are available in your UHS Library

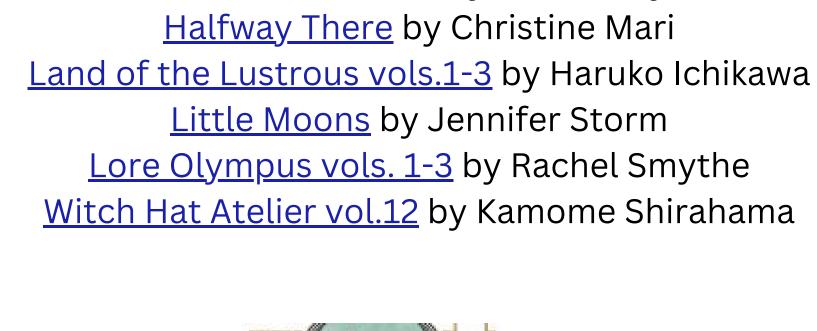


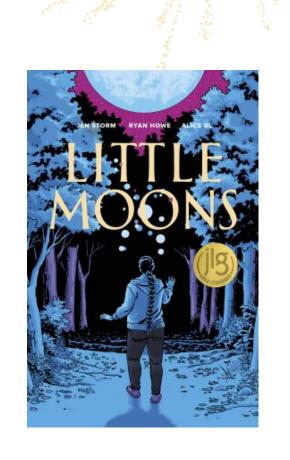


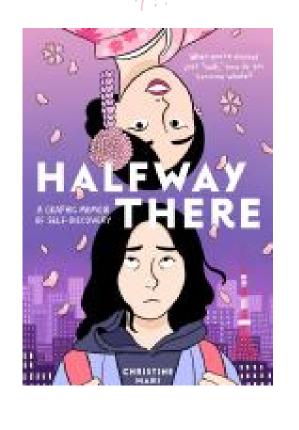




Case Closed vols. 1-3 by Gōshō Aoyama Halfway There by Christine Mari <u>Little Moons</u> by Jennifer Storm Lore Olympus vols. 1-3 by Rachel Smythe Witch Hat Atelier vol.12 by Kamome Shirahama











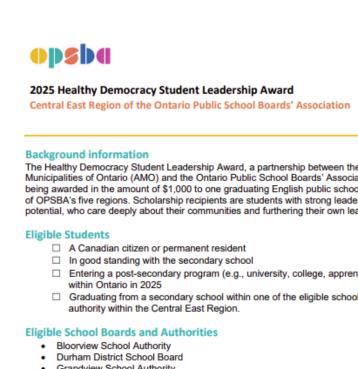


THE UNIONVILLE HOWL

Dear students, parents/guardians, staff, and community members: The Unionville Howl is excited to present to you the February Edition of our newsletter. In it, you will find teacher and student spotlights, as well as op-ed articles and articles on scholarships, the job market, and so much more! Please read and enjoy.

Healthy Democracy Award Flyer





The Healthy Democracy Student Leadership Award, a partnership between the Association of Municipalities of Ontario (AMO) and the Ontario Public School Boards' Association (OPSBA), is being awarded in the amount of \$1,000 to one graduating English public school student in each of OPSBA's five regions. Scholarship recipients are students with strong leadership skills and potential, who care deeply about their communities and furthering their own learning. ☐ Entering a post-secondary program (e.g., university, college, apprenticeship, etc.) ☐ Graduating from a secondary school within one of the eligible school boards or school Grandview School Authority Kawartha Pine Ridge District School Board The Protestant Separate School Board of the Town of Penetanguishene Simcoe County District School Board Toronto District School Board Trillium Lakelands District School Board York Region District School Board **Selection Criteria** ☐ A demonstrated commitment to civic engagement and the importance of local governments in Ontario's political system □ Diversity of leadership and perspective ☐ Community involvement such as volunteering, athletics, and extra-curricular activities, including within a First Nation, Métis or Inuit community ☐ Social identity, socio-economic status or other factors unique to each student's achievements and the opportunities available to them

Ontario Public School Boards' Association 439 University Avenue, Suite 1850 Toronto Ontario M5G 1Y8 Canada P: (416) 340-2540 | F: (416) 340-7571 | E: inquiry@opsba.org



AMO

Application Process

Applicants are asked to provide the following as part of their application:

- ☐ The name of their school, school board, local municipality, and contact information (email, phone number, address)
- $\hfill \square$ An overview of their civic engagement initiatives along with any supporting materials ☐ Information about their post-secondary plans and how they plan to continue to
- demonstrate leadership and civic engagement ☐ Two letters of reference (see below for details)

To support a fair and equitable selection process, maximum word allocations for submission materials are clearly articulated below.

- ☐ Applicants must explain in a maximum of 300 words their suitability for the Healthy Democracy Student Leadership Award based on the established Selection Criteria
- $\hfill \Box$ All applications must be accompanied by two letters of reference, one of which must be from a school administrator, trustee or senior executive of a school board. These two letters must be from individuals in two differing roles (i.e. not two trustees). Letters of reference must be on official letterhead and include electronic or manual signatures. Reference letters should be at least one page, and no longer than two pages, with a font size of 11 or 12.
- ☐ Packages must be sent in PDF format to Central East Regional Chair Jaine Klassen Jeninga at jaine klassenjeninga@kprdsb.ca by June 6, 2025. Please include "Healthy Democracy Student Leadership Award" in the subject line of the email

If a student is unable to complete this application due to accessibility issues and has specific alternative format requests, please contact jaine klassenjeninga@kprdsb.ca or

Any additional materials, letters, and/or submissions beyond the word limit will not be taken into consideration.

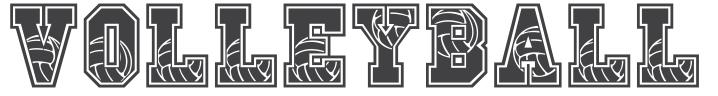
June 6, 2025 - Deadline for applications to be sent to Regional Chair Jaine Klassen Jeninga

July 2025 - Award recipient to be notified by OPSBA (with a copy to the school principal)

By August 15, 2025 - Cheque to be mailed to recipient, following confirmation of acceptance at a post-secondary program within Ontario for September 2025.

Ontario Public School Boards' Association
439 University Avenue, Suite 1850 Toronto Ontario M5G 1Y8 Canada
P: (416) 340-2540 | F: (416) 340-7571 | E: inquiry@opsba.org













YOU ARE INVITED!

Community Living Central York Day Program Tour

Thursday, April 3, 2025 10:00 AM - 12:00 PM & 4:00 pm - 6:00 pm 575 Penrose St, Newmarket ON L3Y 5L5

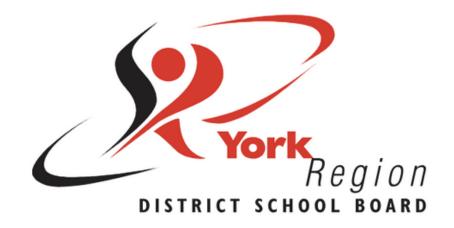
Individuals with diverse abilities, teachers, parents, caregivers, students, case managers, and community organizations are welcome.

Community Living Central York's mission is to empower individuals with diverse abilities to thrive in our shared community.

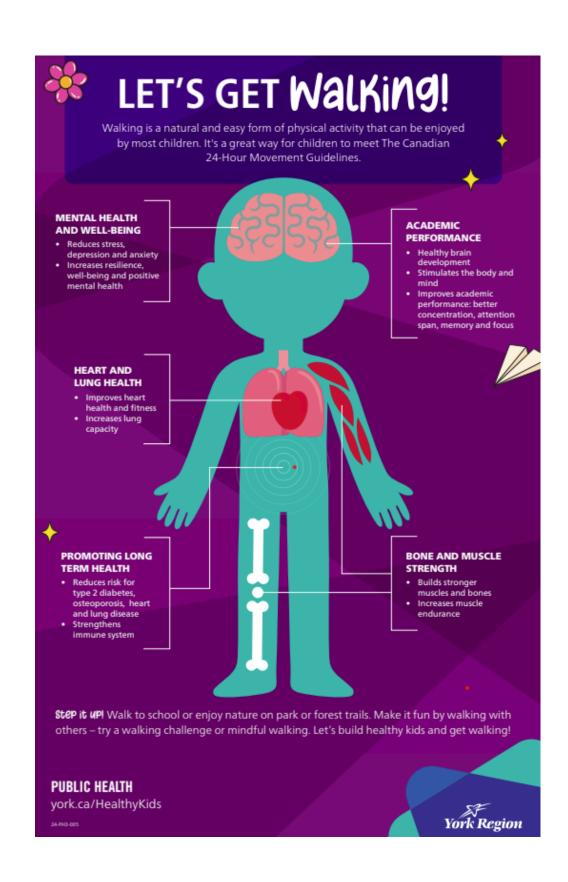
Arrangements can be made for tours on different dates, times, and specific day programs locations.

> For more information contact: Melanie Marshall 🖂 melanie.marshall@clcy.ca 📞 905-715-2344









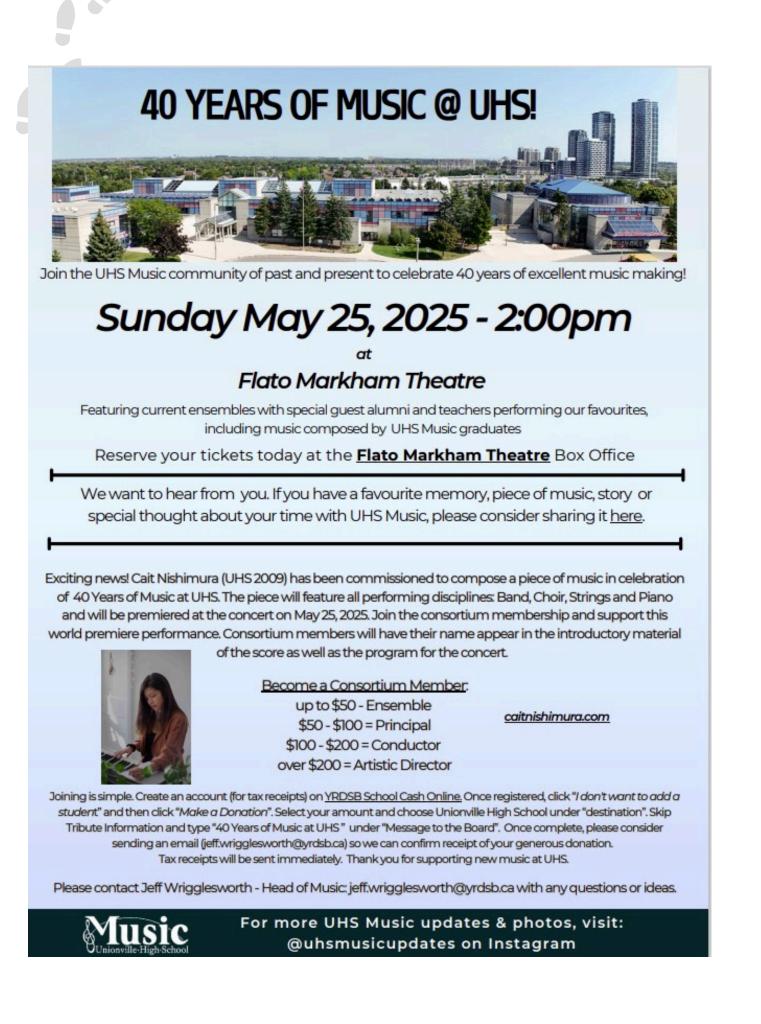
LET'S GET Walking!

Walking is a natural and easy form of physical activity that can be enjoyed by most children.

It's a great way for children to meet The Canadian 24-Hour

Movement Guidelines.



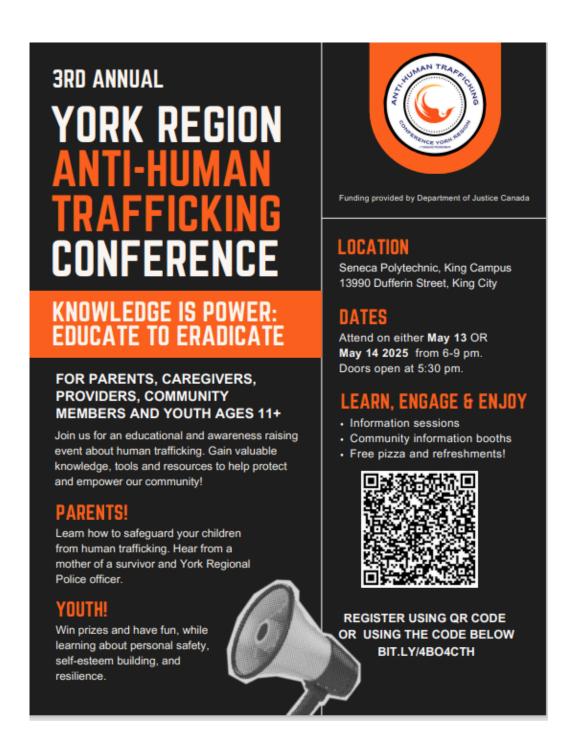








3rd Annual York Region Anti-Human Trafficking Conference



Good morning,

On behalf of our community partners, we are pleased to announce the 3rd Annual York Region Anti-Human Trafficking Conference, which will be held at Seneca Polytech on **May 13th and May 14th**, from **6:00 PM to 9:00 PM**.

This conference is a critical opportunity to learn more about the growing issue of human trafficking in our communities. As we work together to raise awareness and protect vulnerable individuals, it is essential that we all stay informed on how to identify and prevent trafficking. By attending, you'll gain valuable insights into how we can make a difference in our local area and beyond.

Please find the attached flyer with additional details. We kindly ask that you share this information with your school and parent community to help raise awareness and encourage participation.

We look forward to seeing many of you there that evening. As always, your continued support is greatly appreciated.

Warm regards,

YRDSB Annual Budget Process Online Survey



Dear families,

Until **April 18**, York Region District School Board invites families and community members to participate in the Board's annual budget consultation process. Fill out the online survey (translated into 17 languages) or take part in a virtual consultation on **Monday, April 7, 2025**. More information on how to join the virtual consultation is available on the YRDSB website.

As the Board faces a decline in enrolment for the 2025-2026 school year, community feedback will help guide budgeting priorities. Questions about the budget process may be directed to budget@yrdsb.ca.

Thank you for your time and feedback.

Sincerely,

Ron Lynn Bill Cober

Board Chair Director of Education





Online Payments (School Cash Online)

All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students.

Families may make payments using School Cash Online, or by cash or cheque.

How do I access the tool?

You can register for <u>School Cash Online</u> at any time by visiting the website. Once you are registered, you will be notified of any new items available for your child.



How do I register? Please click <u>here</u> for instructions.





Safety First - Message from UHS Administration Team

♦♦ IMPORTANT SAFETY MESSAGE FOR PARENTS: ENSURE SAFE CROSSING FOR YOUR CHILDREN! 👫 ♦♦

Dear Parents and Guardians,

The safety of our Unionville HS students is our top priority, especially when it comes to crossing roads. As we know, crossing busy streets such as Highway 7 and Warden, poses potential risks. Here are some essential reminders to ensure our students cross the road safely:

- 1. Understand and adhere to school zone rules. These areas often have reduced speed limits and additional safety measures to protect pedestrians.
- 2. Ensure your child understands the basic rules of road safety looking both ways before crossing, waiting for the signal, and only crossing at designated crosswalks.
- 3. Emphasize the importance of using designated crosswalks. Explain that these areas are specifically designed for safe pedestrian crossing, reducing the risk of accidents.
- 4. Discourage the use of electronic devices while crossing the road. Remind them that paying attention to their surroundings is crucial for their safety.

Let's work together to create a community where our UHS students can navigate the roads confidently and safely. By reinforcing these simple yet crucial guidelines, we can contribute to a secure environment for all. Thank you for your cooperation and commitment to the safety of our students at UHS!





Post-Secondary Day Program Fair

Students, Parents/Caregivers and School Staff:

- Meet representatives from more than 20 York Region day programs and 2 community agencies.
- Gather information about the programs offered to help prepare for life after high school: program structure, hours, cost, support ratio, etc.

Date: Thursday April 10, 2025

Time: 6-8 p.m.

Location: Richmond Green S.S. - 1 William F. Pkwy, Richmond Hill ON (Leslie and Elgin Mills)

Day Programs/Community Participation Supports: A variety of community-based activities related to work or volunteerism, daily living skills, social skills, independent living, personal management and employment preparation for individuals.

Hosted by: The YRDSB's Work Experience Transition Department

Victims of Crime Week

Parents, caregivers, guardians, community members and youth 11+ are welcome to attend the 3rd Annual Anti-Human Trafficking Conference in York Region.

Join us at **Seneca Polytechnic College King Campus** on May 13 and 14, 2025 from 6:00 - 9:00 p.m. for an evening of learning, networking, and collaboration in the fight against human trafficking. <u>Registration for the 3rd Annual York Region Anti-Human Trafficking Conference</u>.

Persian Heritage Month

The Iranian/Afghan Educator Alliance (IAEA) is hosting a meaningful Persian Heritage Month celebration to honour the rich cultural and historical contributions of the Persian community to our society. Together, we'll explore Persian heritage, enjoy cultural performances, and deepen our understanding of the diverse world around us.

This event will focus on fostering equity, inclusion, and community engagement and is open to all YRDSB students, families and staff.

Please join us on **Thursday, April 10, 2025**, at 6:00 p.m. at the Dr. Bette Stephenson Centre for Learning, 36 Regatta Ave, Richmond Hill, L4E 4R1.

Please <u>register</u> by **Friday, April 4, 2025**, as space is limited.

For more information please email Inclusive School and Community Services (ISCS) at iscs@yrdsb.ca.

Volunteer in Education. G.I.V.E. 2025 Spring Session

Parents, guardians and caregivers empower yourself to support your school community and enrich your child's learning experience!

Join this 5-morning workshop series and discover how you can make a difference in your child's education by volunteering in schools. The spring session is **April 7-11, 2025** from 9:00 a.m. - 12:00 p.m. at Sharon Public School Library. Please see this <u>flyer</u> for more information and to register.

This free information session is organized by York Region District School Board in partnership with Catholic Community Services of York Region. For more information, please contact Inclusive School and Community Services (ISCS) at iscs@yrdsb.ca.



Summer Program - Camp Black Brilliance Summer Program

Registration is open for The Centre for Black Student Excellence - Camp Black Brilliance Summer Program.

Camp Black Brilliance will offer families the opportunity to get to know the Kindergarten program and have their children experience their introduction to schooling in a way that is culturally responsive and affirming of their identity, through experiential learning.

Who: Children of Black Families who are Junior and Senior Kindergarten entering school in September 2025.

When: 9:00 a.m. - 3:30 p.m., July 7 - July 25, 2025

Location: Choose One of the following locations (subject to change based on registration). Transportation is not included.

- Armadale Public School
- Crosby Heights Public School
- Discovery Public School
- Maple Leaf Public School

Register Today! Deadline is **June 1, 2025**.

For more information or questions, please contact the Centre for Black Student Excellence (CBSE) at blackstudentexcellence@yrdsb.ca.



DATE	EVENT
April 14	Semester 2 Term 2 Begins
April 18	Good Friday
April 21	Easter Monday
April 24-25	Midterm eDistribution